



Please help us provide you with a complete evaluation by taking the time to fill out this questionnaire carefully. All your answers will be held absolutely confidential. If you have any questions, please ask. Thank You.

Name: _____	Birth Date: _____ (MM/DD/YYYY)
Address: _____ _____	Care Card Number: _____
Postal Code: _____	Occupation: _____
Phone: (home): _____	Family Doctor: _____
(cell): _____	Phone: _____
E-mail Address: _____	Emergency Contact Name: _____
Is this an ICBC Claim? <input type="radio"/> YES <input type="radio"/> NO	Relationship: _____ Phone: _____
Is this a WCB Claim? <input type="radio"/> YES <input type="radio"/> NO	If YES, Claim #: _____
	If YES, Claim #: _____

**How did you hear about us?**

- Co-Worker  Friend  Family  Internet  Neighborhood  Other

Previous Patient of \_\_\_\_\_ - Other \_\_\_\_\_

**Do you wish to receive appointment reminders via:**  Text  Email  Both?

- I agree to grant Royal Treatment Therapeutics permission to send messages. I understand I may unsubscribe at any time.

**Have you had Acupuncture or used TCM treatments before?**  YES  NO

**When was the last treatment?** \_\_\_\_\_ (YYYY/MM/DD)

WHAT IS THE **PRIMARY REASON** FOR YOUR VISIT TODAY?

\_\_\_\_\_  
\_\_\_\_\_

**SECONDARY COMPLAINTS:** \_\_\_\_\_

When did you **first notice** any symptoms? \_\_\_\_\_

Have you experienced these symptoms before? \_\_\_\_\_

Is this condition getting:  BETTER  WORSE  STAYING THE SAME

Have you been given a **diagnosis** for this condition by another practitioner?  YES  NO

If YES, what was the diagnosis? \_\_\_\_\_

Have you received any **previous treatment** for this condition?  YES  NO

If YES, please specify: \_\_\_\_\_

Is your present condition the result of a single **traumatic event**?  YES  NO

If YES, please specify: \_\_\_\_\_

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**Please check if you have or had any of the following conditions:**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Cancer                              | <input type="checkbox"/> Diabetes               | <input type="checkbox"/> Hepatitis               |
| <input type="checkbox"/> Low Blood Pressure                  | <input type="checkbox"/> High Blood Pressure    | <input type="checkbox"/> Blood Clotting Disorder |
| <input type="checkbox"/> Liver Disease                       | <input type="checkbox"/> Neurological condition | <input type="checkbox"/> Spinal or Head Injury   |
| <input type="checkbox"/> HIV/AIDS                            | <input type="checkbox"/> Kidney Disease         | <input type="checkbox"/> Seizures                |
| <input type="checkbox"/> Heart / Lung Disease (including TB) |   |  |

Please list all medications (name, dosage) you are currently taking: \_\_\_\_\_

Do you wear any medically implanted device (i.e. pacemaker, implanted defibrillator)?  YES  NO

**Have you ever had** any previous Injuries, Trauma, Surgery or Major Illnesses?  YES  NO

If YES, please describe: \_\_\_\_\_

**How is your energy?** Indicate your level of energy using a scale of 0-10 (where 0 indicates no energy and 10 indicates high energy): \_\_\_\_\_

Do you fatigue easily?  YES  NO

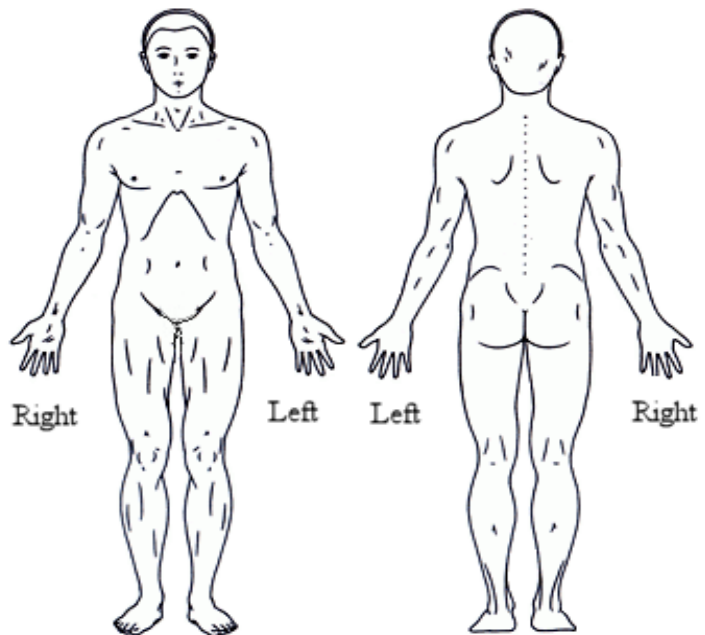
**MEDICAL HISTORY:** (Please indicate all symptoms and signs occurring presently or within the past 12 months)

**Muscles/ Bones/ Joints**

Do you have pain (Sharp Pain, Dull Aching Pain, Numbness/Pins/Needles) or tightness?

YES  NO

If YES, use the diagrams to the right to checkmark the area(s) where you feel the described sensations.



**NOTE: Please mention any other symptoms during the initial examination.**



Please rate the intensity of your pain today using a scale of 0-10 (where 0 indicates no pain and 10 indicates excruciating pain): \_\_\_\_\_

The pain is:

- Worse or  Better with **Heat**  
 Worse or  Better with **Cold**  
 Worse or  Better with **Pressure**

I have the following: (MARK ALL THAT APPLY)

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Swollen Joints    | <input type="checkbox"/> Osteoarthritis/Joint Pain | <input type="checkbox"/> Rheumatoid Arthritis |
| <input type="checkbox"/> Tendonitis        | <input type="checkbox"/> Bursitis                  | <input type="checkbox"/> Muscle Cramps        |
| <input type="checkbox"/> Muscle Pain       | <input type="checkbox"/> Muscle Weakness           | <input type="checkbox"/> Bone Pain            |
| <input type="checkbox"/> Fractured Bone(s) | <input type="checkbox"/> Other: _____              |   |

### Emotions & Sleep

How do you feel emotionally? Do you experience any of the following? (MARK ALL THAT APPLY)

- |  |                                      |  |                                |
|--|--------------------------------------|--|--------------------------------|
| <input type="checkbox"/> Panic Attacks | <input type="checkbox"/> Depression  | <input type="checkbox"/> Anxiety                 | <input type="checkbox"/> Anger |
| <input type="checkbox"/> Nervousness   | <input type="checkbox"/> Poor Memory | <input type="checkbox"/> Difficult Concentration |                                |

How long do you normally sleep? \_\_\_\_\_ hours per night

I have difficulty with: (MARK ALL THAT APPLY)

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Falling asleep | <input type="checkbox"/> Staying asleep | <input type="checkbox"/> Dream-disturbed Sleep |
|---|---|--|

Waking up at about (indicate time): \_\_\_\_\_ AM / PM and not being able to fall asleep again.

### Gastrointestinal

I have the following: (MARK ALL THAT APPLY)

- |  |                                       |                                   |                                      |
|--|---------------------------------------|-----------------------------------|--------------------------------------|
| <input type="checkbox"/> Belching            | <input type="checkbox"/> Nausea       | <input type="checkbox"/> Vomiting | <input type="checkbox"/> Ulcers      |
| <input type="checkbox"/> Bloating            | <input type="checkbox"/> Heartburn    | <input type="checkbox"/> Hernia   | <input type="checkbox"/> Acid Reflux |
| <input type="checkbox"/> Severe Stomach Pain | <input type="checkbox"/> Other: _____ |                                   |                                      |

I have the following: (MARK ALL THAT APPLY)

- |  |                                       |   |   |
|--|---------------------------------------|---|---|
| <input type="checkbox"/> Irregular Bowel Movements | <input type="checkbox"/> Constipation | <input type="checkbox"/> Diarrhea       | <input type="checkbox"/> Undigested Food in Stool |
| <input type="checkbox"/> Burning Sensation         | <input type="checkbox"/> Hemorrhoids  | <input type="checkbox"/> Itchiness      | <input type="checkbox"/> Painful Bowel Movements  |
| <input type="checkbox"/> Hard Stool                | <input type="checkbox"/> Loose Stool  | <input type="checkbox"/> Blood in Stool | <input type="checkbox"/> Gas                      |

I have the following: (MARK ALL THAT APPLY)

- |  |   |                              |  |
|--|---|------------------------------|--|
| <input type="checkbox"/> Crohn's Disease | <input type="checkbox"/> Ulcerative Colitis | <input type="checkbox"/> IBS | <input type="checkbox"/> Anal Prolapse |
|--|---|------------------------------|--|

Other: \_\_\_\_\_

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Bowel Movements: How often? \_\_\_\_\_ time(s)/day OR \_\_\_\_\_ days/week

### Urination

How often? \_\_\_\_\_ times per day, indicate the Urine Colour:  Pale yellow  Dark yellow  Orange

I have the following: (MARK ALL THAT APPLY)

- |  |   |  |   |
|--|---|--|---|
| <input type="checkbox"/> Trouble starting Stream | <input type="checkbox"/> Frequent Urination | <input type="checkbox"/> Incontinence  | <input type="checkbox"/> Dribbling when Sneezing/Coughing |
| <input type="checkbox"/> Burning Pain            | <input type="checkbox"/> Blood in Urine     | <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> Urinary Tract Infections         |
| <input type="checkbox"/> Other: _____            |   |  |   |

### Women only

Are you pregnant?  YES  NO

Age of first menses: \_\_\_\_\_

Days between cycles: \_\_\_\_\_ Flow days: \_\_\_\_\_ Typical Colour:  Dark red  Purple  Bright red  Pale red

I have the following: (MARK ALL THAT APPLY)

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> Irregular Menstruation | <input type="checkbox"/> Heavy Flow              | <input type="checkbox"/> Light Flow               | <input type="checkbox"/> No Flow                       |
| <input type="checkbox"/> Clots                  | <input type="checkbox"/> Vaginal Itching/Burning | <input type="checkbox"/> Spotting between Periods | <input type="checkbox"/> Discomfort/Pain before Period |
| <input type="checkbox"/> Irritability           | <input type="checkbox"/> Breast Tenderness       | <input type="checkbox"/> Cravings                 | <input type="checkbox"/> Cramps                        |
| <input type="checkbox"/> Vaginal Prolapse       |  |   |  |

Do you have Vaginal Discharge?  YES  NO If YES, what is the colour: \_\_\_\_\_

Number of Pregnancies: \_\_\_\_\_ Number of Children: \_\_\_\_\_

### Men only

I have the following: (MARK ALL THAT APPLY)

- |                                      |                                       |  |  |
|--------------------------------------|---------------------------------------|--|--|
| <input type="checkbox"/> Prostatitis | <input type="checkbox"/> Impotence    | <input type="checkbox"/> Penis Discharge | <input type="checkbox"/> Testicular Pain |
| <input type="checkbox"/> Infertility | <input type="checkbox"/> Other: _____ |  |  |

### Head, Eyes, Ears, Nose, Throat, Mouth

I have the following: (MARK ALL THAT APPLY)

- |   |  |   |   |
|---|--|---|---|
| <input type="checkbox"/> Frequent Colds | <input type="checkbox"/> Chronic runny Nose                      | <input type="checkbox"/> Frequent sore Throat         | <input type="checkbox"/> Chronic Cough      |
| <input type="checkbox"/> Allergies      | <input type="checkbox"/> Coughing Blood                          | <input type="checkbox"/> Cough up Mucous              | <input type="checkbox"/> Pain on Inhalation |
| <input type="checkbox"/> Asthma         | <input type="checkbox"/> Shortness of Breath on Exertion/at Rest | <input type="checkbox"/> Bronchitis                   | <input type="checkbox"/> Emphysema          |
| <input type="checkbox"/> Nose Bleeds    | <input type="checkbox"/> Painful/red Eyes                        | <input type="checkbox"/> Poor Vision                  | <input type="checkbox"/> See Spots/Floaters |
| <input type="checkbox"/> Dizziness      | <input type="checkbox"/> Ear Pain                                | <input type="checkbox"/> Ringing in Ears              | <input type="checkbox"/> Bleeding Gums      |
| <input type="checkbox"/> Dry Mouth      | <input type="checkbox"/> Difficulty Swallowing                   | <input type="checkbox"/> Frequent Headaches/Migraines |   |

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**Cardiovascular**

I have the following: (MARK ALL THAT APPLY)

- Varicose Veins  Phlebitis  Cold Hands and Feet  Poor Circulation
 Chest Pain  Irregular Heart Beat  Tachycardia (rapid Heart Beat)  Heart Valve Disorder
 Palpitations  Other: \_\_\_\_\_

**Skin & Hair**

I have the following: (MARK ALL THAT APPLY)

- Dry Skin  Skin Rashes  Itching  Acne
 Eczema  Hives  Psoriasis  Hair Loss
 Premature Graying  Brittle Hair  Other: \_\_\_\_\_

**Habits**

Please indicate usage per day or per week:

- Water \_\_\_ glasses per day Tea \_\_\_ cups per O day O week
Coffee \_\_\_ cups per day Alcohol (liquor, beer, wine) \_\_\_ glasses per O day O week
Soft Drinks \_\_\_ per O day O week Sweets \_\_\_ per O day O week
Cigarettes \_\_\_ per O day O week Recreational Drugs \_\_\_ per O day O week
Supplements/Herbs/Vitamins/Minerals (please list product name, dosage & reason for taking it):

\_\_\_\_\_
\_\_\_\_\_

What do you do for exercise? \_\_\_\_\_

How often do you exercise per week? \_\_\_ times. Please provide details of your Exercise - type and frequency:

\_\_\_\_\_

Please describe your average daily diet. Try to be specific.

Morning: \_\_\_\_\_
Lunch: \_\_\_\_\_
Dinner: \_\_\_\_\_
Snacks: \_\_\_\_\_

If there is any other information regarding your present condition that you think would help us, please describe:

\_\_\_\_\_
\_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ (MM/DD/YYYY)



## INFORMED CONSENT TO ACUPUNCTURE & TRADITIONAL CHINESE MEDICINE (TCM) CARE

While acupuncture treatments and other Traditional Chinese Medicine (TCM) modalities have been proven to be highly effective in correcting a variety of disorders and maintaining overall well-being, Registered Acupuncturists in BC are required to advise patients of the potential risks. Acupuncturists cannot anticipate all the possible risks and complications that may arise with each individual case; however, you should be aware that the following side effects may occur: bruising, minor bleeding, numbness or tingling at or near the needling sites that may last for a few days; light-headedness or dizziness may happen occasionally or even fainting very rarely; burns and scarring are potential risks of Moxibustion; bruising can occur after cupping or Gua Sha scraping treatment. Some symptoms may worsen at the beginning of treatment. If the symptoms worsen and persist for more than 2 days, please inform your Registered Acupuncturist. In very rare instances, spontaneous miscarriage and pneumothorax have been reported.

### **Statement of Consent**

I have read and understood the possible risks of treatment outlined above, but do not expect the Registered Acupuncturist to be able to anticipate and explain all possible risks and complications arising as a result of the treatment.

I understand that my Registered Acupuncturist may review my medical records and lab reports, but all my records will be kept strictly private and confidential and will not be released without my written consent. I also understand that it may be necessary for my Registered Acupuncturist to communicate with other health care professionals regarding my treatment.

I consent to acupuncture treatments, which may include acupuncture needling, Moxibustion, cupping, Gua Sha scraping, reflexology, electro-acupuncture, scalp acupuncture, ear acupuncture, laser acupuncture, point injection therapy, Tui Na massage, and other TCM therapies, by my Registered Acupuncturist. I understand that there are no guarantees regarding cure or improvement of my condition.

**Point Injection Therapy** involves the use of intramuscular/intradermal injection of vitamins and sterile herbal substances into acupuncture points. I understand that these therapies may be used, upon my consent, to treat my condition. Side effects are rare, but may include allergic reactions, slight pain or stinging sensation at the site of the needle insertion, and bruising. Other rare risks include, but are not limited to: wheezing, rapid heart rhythm and elevated blood pressure. I understand the nature of the proposed procedure and the risks have been explained to me.

I hereby release my **Registered Acupuncturist & Theralase Laser Rehabilitation Therapist Manuela Miutescu** from all liability which may occur in connection with the above mentioned procedures. I understand that I may withdraw my consent and refuse treatment at any time. I intend this consent form to cover the entire course of treatment for my present condition and further conditions for which I seek treatment.

### **Royal Treatment Therapeutics**

#102 – 7777 Royal Oak Avenue, Burnaby BC, V5J 4K2 | office (604) 437 7777 | fax (604) 437 7789 |  
RoyalTreatmentTherapeutics.com



**Cancellation Policy:**

In consideration of other patients and my therapist, I understand that a minimum of **48 hours'** notice is required to change or cancel my appointment. **I am aware that it is my responsibility to pay 100% of the treatment fee in the case of late cancellations or missed appointments.** By signing below you understand and agree to our cancellation policy.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ (MM/DD/YYYY)

**Consent of Treatment:**

I confirm the health and medical information given above to be accurate. As well, I understand the therapeutic benefits and possible side-effects of the treatment that may be recommended for my condition and for any future conditions for which I seek treatment, and I consent to the proposed treatment.

\_\_\_\_\_  
Signature of Patient or Legal Guardian

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Relationship of Legal Guardian

\_\_\_\_\_  
Signed Date

**Royal Treatment Therapeutics**